

The Greenway Connection Trail is a link to the Woodbridge Greenway and enters the site on Route 63 at the north end and Dillon Road at the south end. The trail follows and then crosses Sperry Road (closed to through traffic each winter). Before climbing southeast to Dillon Road, the trail traverses a small stream on the old Woodbridge Glen Road.

The Stony Loam Trail starts at the west end of the Lake Chamberlain Dam and connects Chamberlain's trail system to the Woodbridge Greenway. The trail is named for the dominant soil type in the area.

The Old Field Trail offers sightings of small animals, like chipmunks and red squirrels, that make their homes in the stone walls once used for farming. The Sargent River Loop is named for the Sargent River that feeds into the Lake Chamberlain reservoir. The trail passes through a wide range of forest types, including a larch plantation, hardwood swamp, and transition hardwoods. Club moss or ground pine (an evergreen plant about six inches tall) is abundant. These club mosses have been around for 300 million years. Some now extinct species once grew as big as trees.

The Eric Stone Trail offers some beautiful views of Lake Chamberlain. In the spring and summer look for bluebirds that nest in this area. Bluebirds are enjoying a comeback in Connecticut, thanks to many bluebird houses put up by volunteers. As farmland and hollow fence posts have disappeared, bluebirds have become dependent on these special houses for nesting sites.



Photo by the RWA Photo Contest Winner Alec Blakey

Directions and Parking:

Lake Chamberlain's gated entrance and parking area is off Sperry Road. Take Litchfield Turnpike (Route 69) to Morris Road and a left onto Sperry Road.

Permitted/Prohibited Activities:

This site is for passive use only. No mechanized vehicles. Hiking only. State fishing license is required for shore fishing. Wading and swimming are prohibited. Dogs are not permitted. Horses are permitted on certain trails with a permit from the Bethany Horsemen's Association.



Hiking



Cross Country Skiing



Fishing



Horseback Riding

For more information about this location, contact:

Regional Water Authority
Recreation Department
(203) 401-2654
www.rwater.com/recreation

Questions regarding this brochure can be addressed to South Central Regional Council of Governments
Phone: (203) 234-7555/Fax: (203) 234-9850
E-mail: trails@scrcog.org

Scan QR Code to access the South Central Regional Council of Governments Recreational Trails Webpage



Recreational Trails South Central Connecticut

Lake Chamberlain

Regional Water Authority Permit Required








Bethany and Woodbridge, CT

Lake Chamberlain

Regional Water Authority
Permit Required



Photo by the RWA Photo Contest Winner

Trail Description:

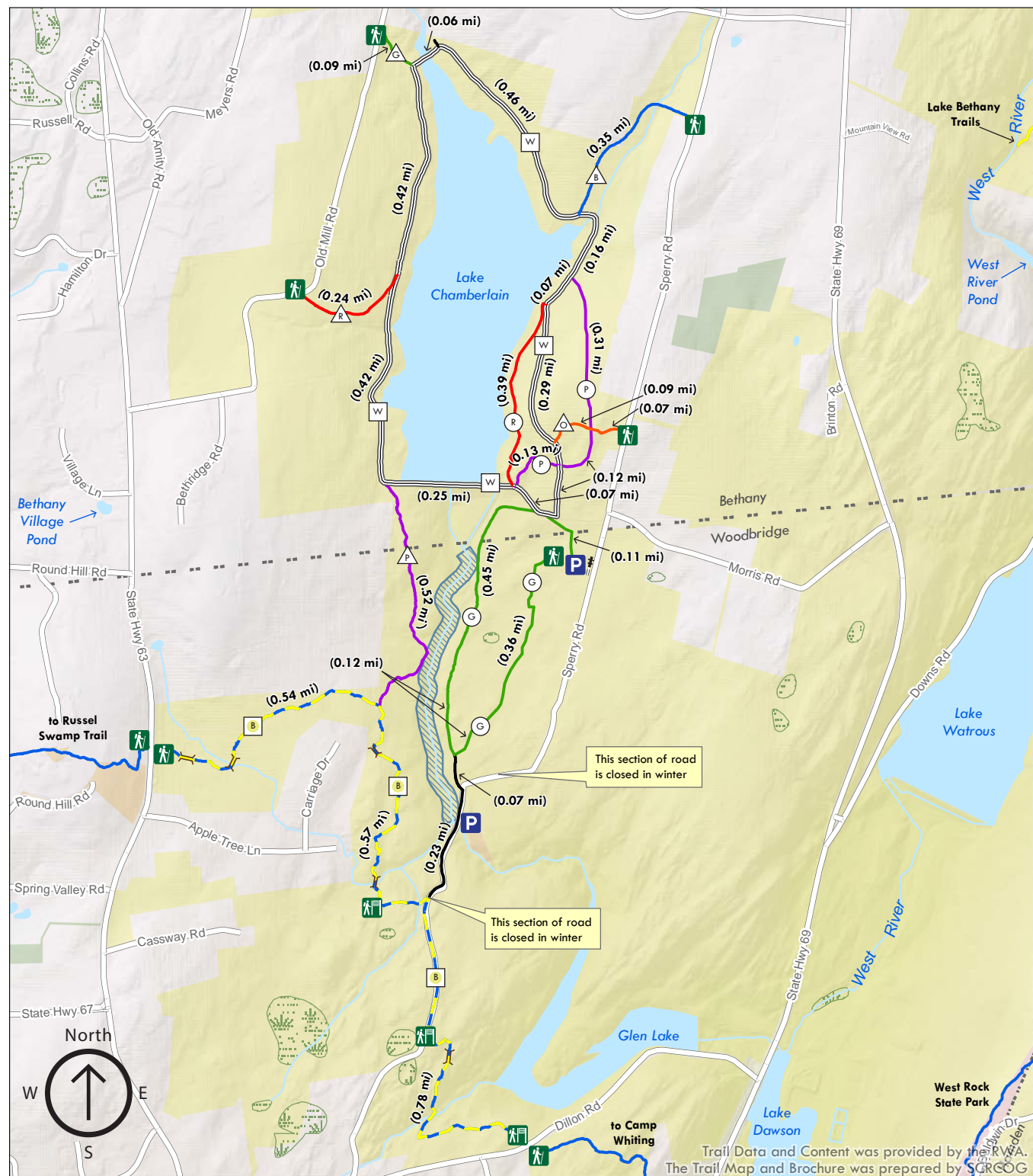
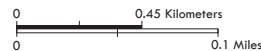
Wide Range of Trail Difficulties

A Regional Water Authority (RWA) Recreation Area. The West River and its tributary, the Sargent River, flow through the valley west of West Rock Ridge. Five reservoirs were created between 1889 and 1925 on these rivers to form the West River water supply system. Originally constructed in 1890, Lake Chamberlain was enlarged in 1958 to over five times its original size.

Total trail distance is approx. 7.5 miles

Legend

- | | |
|-------------------------------|---------------------|
| Parking | Gated Entrance |
| Trailhead | Bridge |
| Unblazed Trails | Stream Fishing |
| Blue with Yellow Trail | Wetlands |
| Red (Cabin Trail) | Land Trust Property |
| Purple (Old Field Trail) | RWA Property |
| Purple (Stony Loam Trail) | |
| Green (Sargent River Trail) | |
| Blue (Sperry Rd. -N Trail) | |
| Orange (Sperry Rd. -S Trail) | |
| Green (Old Mill Rd. -N Trail) | |
| Red (Old Mill Rd. -S Trail) | |
| White (Eric L. Stone Trail) | |



Trail Data and Content was provided by the RWA. The Trail Map and Brochure was prepared by SGRCOG.