Lake Chamberlain

Regional Water Authority
Permit Required

The Greenway Connection Trail is a link to the Woodbridge Greenway and enters the site on Route 63 at the north end and Dillon Road at the south end. The trail follows and then crosses Sperry Road (closed to through traffic each winter). Before climbing southeast to Dillon Road, the trail traverses a small stream on the old Woodbridge Glen Road.

The Stony Loam Trail starts at the west end of the Lake Chamberlain Dam and connects Chamberlain’s trail system to the Woodbridge Greenway. The trail is named for the dominant soil type in the area.

The Old Field Trail offers sightings of small animals, like chipmunks and red squirrels, that make their homes in the stone walls once used for farming. The Sargent River Loop is named for the Sargent River that feeds into the Lake Chamberlain reservoir. The trail passes through a wide range of forest types, including a larch plantation, hardwood swamp, and transition hardwoods. Club moss or ground pine (an evergreen plant about six inches tall) is abundant. These club mosses have been around for 300 million years. Some now extinct species once grew as big as trees.

The Eric Stone Trail offers some beautiful views of Lake Chamberlain. In the spring and summer look for bluebirds that nest in this area. Bluebirds are enjoying a comeback in Connecticut, thanks to many bluebird houses put up by volunteers. As farmland and hollow fence posts have disappeared, bluebirds have become dependent on these special houses for nesting sites.

Total Trails Length: Approx. 7.5 miles. Wide Range of Trail Difficulties

- Blue/Yellow Trail: 2.45 miles.
- Red (Cabin Trail): 0.39 miles.
- Purple (Old Field Trail): 0.56 miles.
- Purple (Stony Loam Trail): 0.52 miles.
- Green (Sargent River Trail): 1.16 miles.
- Blue (Sperry Road - N. Trail): 0.35 miles.
- Orange (Sperry Road - S. Trail): 0.16 miles.
- Green (Old Mill Road - N. Trail): 0.09 miles.
- Red (Old Mill Road - S. Trail): 0.24 miles.
- White (Eric L. Stone Trail): 2.32 miles.
- White Trail: 0.50 miles.

For more information about this location, contact:
Regional Water Authority
Recreation Department
(203) 401-2654
www.rwater.com/recreation
This section of road is closed in winter to Russel Swamp Trail.