Lake Hammonasset
Regional Water Authority
Permit Required

A Regional Water Authority (RWA) Recreation Area, Lake Hammonasset was opened in 1990. This area offers ten miles of trails around the reservoir. The shortest route around the lake that includes both peninsulas and takes advantage of the short cuts is 7.4 miles, so allow several hours. There are several short trails that branch off from the Hammonasset Trail or the Indian Cave Trail that provide shortcuts or nice lookout points.

The Hemlock Trail offers scenic views of the Lake Hammonasset shoreline and rock formations along a small peninsula. In the spring, you may hear the sound of the waterfall from the dam as you walk this trail. This is the best trail for a short walk and a good place for observing waterfowl.

Directions and Parking:
Lake Hammonasset is right on the Madison and Killingworth Line. From the Route 80 round-about head east towards Killingworth on North Branford Road (Route 80). The entrance will be in about 1 1/2 miles on the left. Lake Hammonasset’s access road to the gated entrance and parking area can be reached via Route 80.

Permitted/Prohibited Activities:
This site is for passive use only. No mechanized vehicles. Hiking only. Wading and swimming are prohibited. No fishing at this reservoir. Dogs are not permitted.

Total Trails Length: Approx. 9.57 miles.

Blue (Oak Trail): 0.16 miles. Easy to Moderate Hike
Red (Lookout Trail): 0.01 miles. Easy Hike
Green (Hemlock Trail): 0.55 miles. Easy to Moderate Hike
White (Hammonasset Trail): 5.93 miles. Easy to Moderate Hike
Orange (Lake View Trail): 0.63 miles. Easy to Moderate Hike
Yellow (Indian Cave Trail): 1.29 miles. Easy to Moderate Hike
White/Yellow Connector: 0.09 miles. Easy Hike

Trail Description:
Easy to Moderate Hike
Lake Hammonasset offers a long hike around the Hammonasset Reservoir. There are scenic vistas throughout in addition to a waterfall in the spring time.

Total trails length is approx. 9.57 miles