Located in the historic center of Bethany, the Edna L. Delano Nature Sanctuary and Rodell’s Roost for Robins offer hikers a short but interesting walk in the woods right next to Amity Road (Route 63).

The Delano Sanctuary was given to the Bethany Land Trust in 1996 by Hubert and William Delano. It is named in honor of their mother, Edna Delano, who lived for many years in the Lysias Beecher House to the north side of the property. The Beecher House, built in 1762, is one of the oldest homes in Bethany.

Rodell’s Roost was given to the Land Trust in 1999 by Janet Rodell, her stepson Michael Rodell, and his wife Taffy. It borders the western side of the Delano Sanctuary, with trails leading to the Bethany Community School and out to Falls Road. Today, these two adjoining properties provide hikers a fully wooded, natural wonderland right next to Bethany’s busiest road. Built by Eagle Scout volunteers, the trails work their way up a small hillside, from which seasonal views are possible.

Looking across Amity Road from the Delano Sanctuary, visitors can see the Clark Memorial Library, the Episcopal Church and the Bethany Historical Society. To the south is the Congregational Church and the historic Carriage Shed, where parishioners left their horses and carriages while attending services across the street.

Directions and Parking:
These trails are both accessible via Amity Road (Route 63). Route 63 is best reached off the Wilbur Cross Parkway (15) - Exit 59. Parking for these two trails is located behind either Clark Memorial Library or, except for Sunday mornings, behind the Bethany Congregational Church.

Permitted/Prohibited Activities:
This land is for passive recreation use only. No motorized vehicles are permitted. Horses are allowed on marked trails only. Dogs are permitted on leashes. Please bag and pick up all dog waste. Hunting or trapping on Trust Land is prohibited.

For more information about this location, contact:
Carol Lambiase
Stewardship Chair
(203) 393-2253

Questions regarding this brochure can be addressed to South Central Regional Council of Governments
Phone: (203) 234-7555/Fax: (203) 234-9850
E-mail: trails@scrcog.org

Scan QR Code to access the South Central Regional Council of Governments Recreational Trails Webpage

Photo by Ray Andersen, Bethany Land Trust
Trail Description:

Easy Walking and Hiking
Delano Sanctuary and Rodell’s Roost offers easy hiking and walking on two properties just under six acres with a few trails crossing both properties.

Total trails distance is approx. 0.44 miles

Legend

- **P** Parking
- **H** Trailhead
- **Y** Yellow (Delano Sanctuary & Rodell’s Roost Trail)
- --- Parking Access
- ----------------- Stone Wall
- **G** Land Trust Property
- **R** RWA Property

Photo by Ray Andersen, Bethany Land Trust