The first piece of property given to the Bethany Land Trust, the Ida Carrington Lowell Land is a 27-acre tract of beautiful woodlands off Cedar Road on the west side of Bethany. The Bethany Conservation Trust (later renamed the Bethany Land Trust) was created in 1968 to receive this property from Marion Jenkins, the daughter of Ida May Carrington and William Lowell.

Abram Carrington, Marion’s grandfather, had purchased the land in 1867 as a cow pasture from Jay Andrew, and the so-called “Jay” land was given to Marion and her husband, Tom Jenkins, in 1943 as a weekend and summer retreat. The couple, who both held doctorates in psychology, eventually built a cabin, barn and root cellar on the property, where they spent weekends writing and wandering through the woods.

The property slopes down toward Hopp Brook and Birmingham Utilities (water company) land on the western side of town. There is over a mile of wide hiking trails going around most of the perimeter and through the middle of the rectangular-shaped property. The property is surrounded on three sides by stone walls and features an abundance of large trees. Old Abram Carrington planted an apple orchard there, and Dr. Jenkins transplanted many nut trees and other specimens onto the property.

The trails in the Ida Carrington Lowell Land are best for hiking and nature study. From the main entrance, the Upper Trail hugs the eastern and northern edges of the property. On the western side, the Lower Trail crosses two seasonal streambeds. The Gooch Trail connects the Lower and Upper Trail, near the spot where the Jenkins’ cottage once stood. The Center Trail cuts across the Gooch Trail back to the main entrance.

Directions and Parking:
Parking is available in the cul-de-sac at the end of Cedar Road. To reach the Ida Carrington Lowell Land, walk down the driveway of 45 Cedar Road and look for the entrance to the Trust property on the right.

Permitted/Prohibited Activities:
This land is for passive recreation use only. No motorized vehicles are permitted. Horses are allowed on marked trails only. Dogs are permitted on leash. Please bag and pick up all dog waste. Hunting or trapping on Trust Land is prohibited.

For more information about this location, contact:
Carol Lambiase
Stewardship Chair
(203) 393-2253

Questions regarding this brochure can be addressed to South Central Regional Council of Governments
Phone: (203) 234-7555/Fax: (203) 234-9850
E-mail: trails@scrcog.org

Scan QR Code to access the South Central Regional Council of Governments Recreational Trails Webpage
Trail Description:

Easy to Moderate Hike
Located on the West Side of Bethany on a 27 acre tract of land are the easy to moderate hiking trails. Along with hiking horseback riding is acceptable except on the western most section of trails.

Total trail distance is approx. 1.09 miles

Legend

- **P**: Parking
- **T**: Trailhead
- **H**: Horses Not Allowed
- **S**: Stone Wall
- **Y**: Yellow (Upper Trail)
- **Y**: Yellow (Lower Trail)
- **Y**: Yellow (Gooch Trail)
- **Y**: Yellow (Center Trail)
- **R**: Red (Gooch Trail)
- **R**: Red (Center Trail)
- **L**: Land Trust Property
- **T**: Town Property

Photo by Ray Andresen, Bethany Land Trust