Ida Carrington Lowell Land

The first piece of property given to the Bethany Land Trust, the Ida Carrington Lowell Land is a 27-acre tract of beautiful woodlands off Cedar Road on the west side of Bethany. The Bethany Conservation Trust (later renamed the Bethany Land Trust) was created in 1968 to receive this property from Marion Jenkins, the daughter of Ida May Carrington and William Lowell.

Abram Carrington, Marion’s grandfather, had purchased the land in 1867 as a cow pasture from Jay Andrew, and the so-called “Jay” land was given to Marion and her husband, Tom Jenkins, in 1943 as a weekend and summer retreat. The couple, who both held doctorates in psychology, eventually built a cabin, barn and root cellar on the property, where they spent weekends writing and wandering through the woods.

The property slopes down toward Hopp Brook and Birmingham Utilities (water company) land on the western side of town. There is over a mile of wide hiking trails going around most of the perimeter and through the middle of the rectangular-shaped property. The property is surrounded on three sides by stone walls and features an abundance of large trees. Old Abram Carrington planted an apple orchard there, and Dr. Jenkins transplanted many nut trees and other specimens onto the property.

The trails in the Ida Carrington Lowell Land are best for hiking and nature study. From the main entrance, the Upper Trail hugs the eastern and northern edges of the property. On the western side, the Lower Trail crosses two seasonal streambeds. The Gooch Trail connects the Lower and Upper Trail, near the spot where the Jenkins’ cottage once stood. The Center Trail cuts across the Gooch Trail back to the main entrance.

Directions and Parking:
The Hein Trails can be accessed most easily off Carrington Road via the Litchfield Turnpike (Route 69). The trailheads start near the intersection with Tuttle Road, where parking is available at the side of the road.

Permitted/Prohibited Activities:
This land is for passive recreation use only. No motorized vehicles are permitted. Dogs are permitted on leash. Please bag and pick up all dog waste. Horseback riding is permitted only on marked trails. Hunting or trapping on Trust Land is prohibited.

Photo by Emmeline Alaconis

Easy to Moderate Hike
Located on the West Side of Bethany on a 27 acre tract of land are the easy to moderate hiking trails. Along with hiking horseback riding is acceptable except on the western most section of trails.

Total Trails Length: approx. 1.09 miles

For more information about this walk contact:
Carol Lambiase
Stewardship Chair
(203) 393-2253

Photo by Ray Andresen, Bethany Land Trust

Photo by Emmeline Alaconis

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Cabin Foundation
Stream-bed Often Dry
Driveway for 45 Cedar Rd.
Right-of-way leading into Trails
Gooch Trail
Upper Trail
Center Trail
Lower Trail
Virginia Rail Dr
Hill Rd
Cedar Rd
Hopp Brook
Legend
Parking
Trailhead
Horses Not Allowed
Stone Wall
Yellow (Upper Trail)
Yellow (Lower Trail)
Yellow (Gooch Trail)
Red (Gooch Trail)
Yellow (Center Trail)
Red (Center Trail)
Land Trust Property
Town Property
North
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