

Giuffrida Park was originally part of an area farmed in the late 1600's and early 1700's by Jonathan Gilbert and later Captain Andrew Belcher. This farm, the first European settlement in this region, became known as the "Meriden Farm", from which the whole area eventually took its name. Today, the Park contains 598 acres for passive recreation and is adjacent to the Meriden Municipal Golf Course.

Located in the northeast corner of Meriden, the trails connect to the Mattabessett Trail (a Connecticut Blue-Blazed Trail) and are open to the general public. The trails have easy terrain particularly around the Crescent Lake shore with steeper areas along the trap rock ridges ascent of the Metacomet Ridge and approaching Mt. Lamentation.

Mount Lamentation was named in 1636 when a member of Wethersfield Colony became lost and was found by a search party three days later on this ridge, twelve miles from home. There is some controversy whether the Lamentation refers to his behavior or that of those looking for him. In 1735 a group of local men leased land on the western edge of this mountain in an attempt to find gold, as quartz formations there seemed promising. None was ever found.

Mt. Lamentation and its peak, Chauncey Peak, provide spectacular views of Hartford, Middlesex, and New Haven counties.



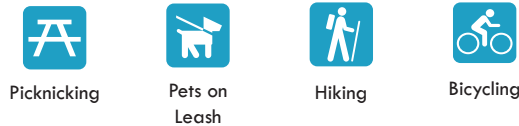
Photo by Bob Pagini

Directions and Parking:

To get to Giuffrida Park, travel along I-91 either north or south. Take Exit 20 and proceed west (left off exit from north or left, then right from the south) onto Country Club Road. The Park entrance is on the right. Parking areas are readily available at the Park. Trails start at the Crescent Lake parking lot.

Permitted/Prohibited Activities:

Hiking and biking are permitted. Picnic tables are also available. Crescent Lake is a reserve water supply therefore, swimming, rock climbing, and boating are prohibited. Fishing is also prohibited.



For more information about this location, contact:

Town of Meriden
 Recreation Program Supervisor
 (203) 630-4259





Questions regarding this brochure can be addressed to
 South Central Regional Council of Governments
 Phone: (203) 234-7555/Fax: (203) 234-9850
 E-mail: trails@scrcog.org

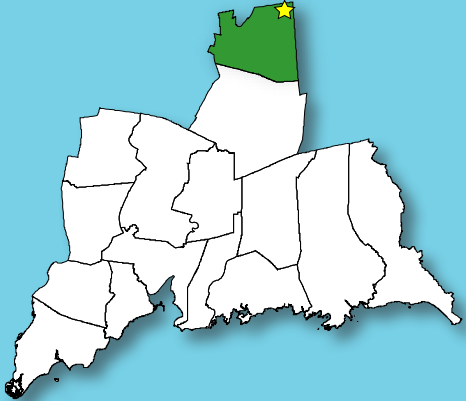
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**Recreational Trails
 South Central Connecticut**

Giuffrida Park



Meriden, CT



Giuffrida Park



Photo by the City of Meriden











Trail Description:

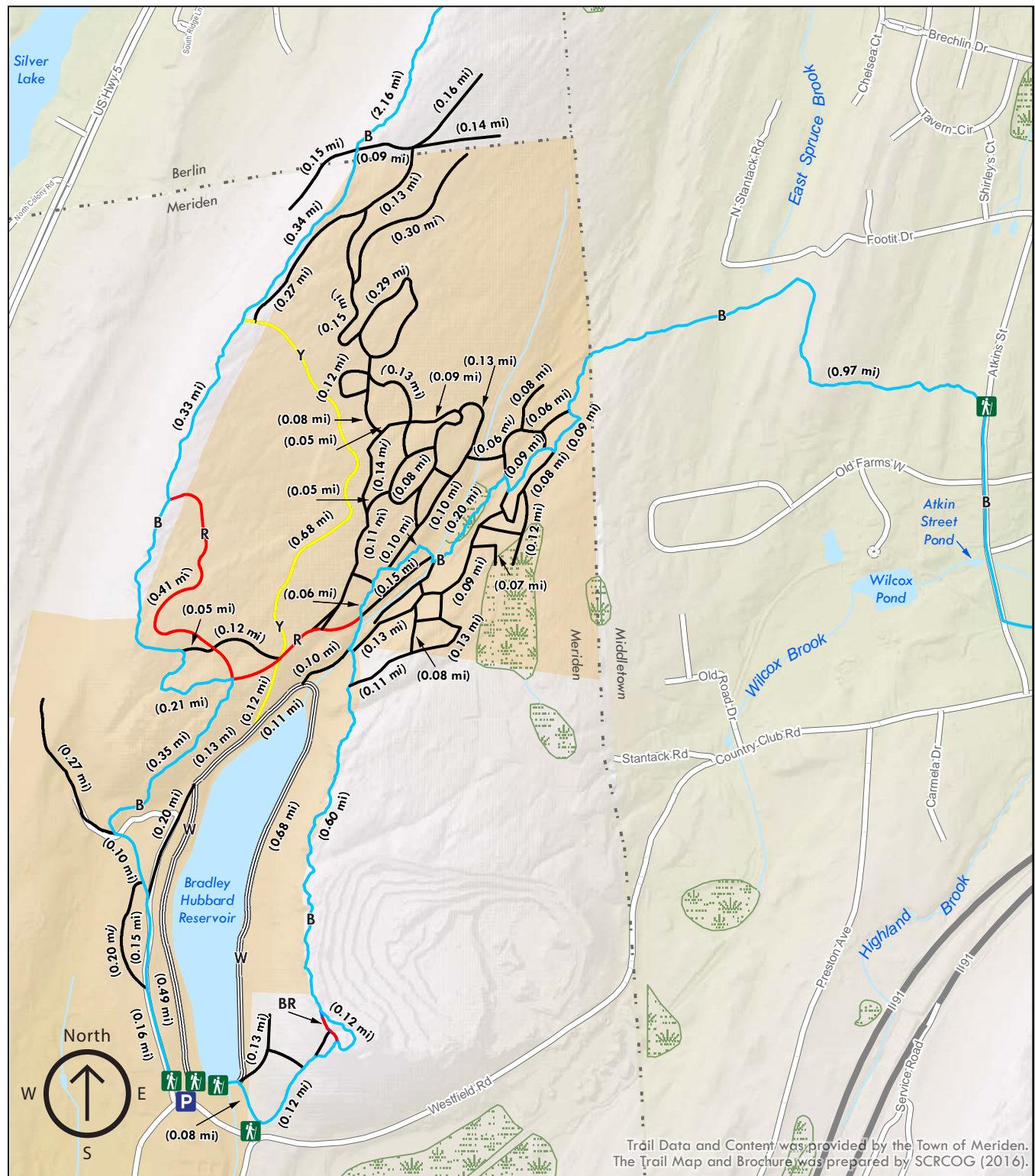
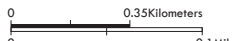
Easy to Difficult Hike

Giuffrida Park offers everything from a peaceful reservoir to a beautiful wetland meadow to stunning views from Lamentation Mountain and Chauncey Peak. These trap rock ridges are extremely steep, and care should be taken. In addition to trails that climb to ridgelines, there are other trails that follow relatively level terrain.

Total trails distance is approx. 24.8 miles

Legend

-  Parking
-  Trailhead
-  Blue (Mattabessett Trail)
-  Blue/Red (Mattabessett Cutoff)
-  Red (Mount Lamentation)
-  Yellow (Mount Lamentation)
-  White (Crescent Lake Loop)
-  Unblazed Trails
-  Town Property
-  Wetlands



Trail Data and Content was provided by the Town of Meriden. The Trail Map and Brochure was prepared by SCRCOG (2016).