An extensive network of trails meander along recreational areas, a community garden, lawns, fields, shrublands, the Wepawaug River, wetlands, vernal pools, and forested areas. The trails connect nearly every portion of the 200 acre Eisenhower Park.

Eisenhower Park is the home of many community events during the year.

The Wepawaug River flows the entire length of Eisenhower Park. Part of the river is diverted to a pond and forms a small island connected by bridges. The park’s extensive wetlands provide many vital environmental benefits. In 2007, over two acres of wetland floodplain and approximately six acres of enhanced surrounding buffer were created in south Eisenhower.

Fields and young forests are common features of the park. In most cases, they are found in abandoned agricultural sites. Occasional stone walls or excavated areas remind visitors of past land uses.

The variety of habitats in Milford’s largest park provides a diversity of scenic areas to enjoy and nurtures the park’s diverse wildlife. Migrating and nesting birds, butterflies, and other wildlife frequent here.

Community volunteers and scouts have helped enhance the work of the City to make Eisenhower Park a place to enjoy.

Leashed dogs are welcome when outside the fenced dog park area.

**Directions and Parking:**

From I-95, take exit 39B and a right onto Boston Post Road (Route 1). Follow Rt. 1 until the intersection with North Street (Route 121). Take a right at the intersection and the entrance to the park will be on the left in about 1.3 miles. 780 North Street is the main address. Park in the lower lot for access to the many trails.

**Permitted/Prohibited Activities:**

Stay on the trails. Dogs must be leashed at all times. No motorized vehicles are allowed and alcoholic beverages are prohibited.

**For more information about this location, contact:**

City of Milford
Open Space and Natural Resources Office
(203) 878-7812 or (203) 783-3201

Questions regarding this brochure can be addressed to South Central Regional Council of Governments
Phone: (203) 234-7555/Fax: (203) 234-9850
E-mail: trails@scrcog.org

Scan QR Code to access the South Central Regional Council of Governments Recreational Trails Webpage
Trail Description:

Easy Hike
The Eisenhower Park trails are a great hike for all ages. The trails wind through the woods and most loop back to themselves.

Total trail distance is approx. 4.58 miles

Legend

- Parking
- Trailhead
- Dog Park
- Garden
- Bridge
- Eisenhower Park Trails
- Town Property
- Land Trust Property
- Wetlands

Photo by Steve Johnson, City of Milford

Trail Data and Content was provided by the City of Milford. The Trail Map and Brochure was prepared by SCRCOG (2016).