The North Haven Trail Association welcomes all recreational hikers and bird-watchers to take a leisurely stroll on the Tidal Marsh Trail, a short but extremely relaxing and educational walk along the Quinnipiac River. Starting high above the river’s edge, with stunning views of Sleeping Giant, lower Hamden, and the river’s marshes, the trail turns left, meandering south through stands of different species of trees between the water and abandoned Cedar Hill Rail Yard train tracks.

Regardless of the season, expect to be pleasantly surprised by what you may find! The trail offers people an occasion to watch and listen to birds, discover interesting geo-caches, explore a part of the region’s commercial/industrial history, or study the varied flora and fauna that make brackish marshes their home.

Please enjoy the views of river, the opportunities to spot eagles, ospreys, ducks, geese, and other migratory birds in or near the water, and the songs of the various types of songbirds in the trees! If you have any questions about the trail, or would like to join us in our efforts to maintain and improve the amenities that we can offer avid trail hikers, please feel free to contact us at info@northhaventrails.org, or to visit us at www.northhaventrails.org or on Facebook!

For more information about this location, contact:
North Haven Trails Association
info@NorthHavenTrails.org
www.northhaventrails.org

Questions regarding this brochure can be addressed to South Central Regional Council of Governments Phone: (203) 234-7555/Fax: (203) 234-9850
E-mail: trails@scrcog.org

Scan QR Code to access the South Central Regional Council of Governments Recreational Trails Webpage.

Photo by the North Haven Trails Association
Tidal Marsh Trails

Trail Description:

Easy Walk
The Tidal Marsh Trail offers wonderful opportunities to bird watch. The trail itself is an easy walk that is about one half mile.

Total trail distance is approx. 0.52 miles

Legend

- Trailhead
- Parking
- Orange (Tidal Marsh Trail)
- Parking Access
- State Property

Photo by the Quinnipiac River Fund

Trail Data and Content was provided by the North Haven Trails Association. The Trail Map and Brochure were prepared by SCRCOG (2016).