The 96-acre Wharton Brook State Park offers visitors a wooded environment for swimming, hiking, fishing, winter ice skating and more. A food concession stand as well as full toilet facilities are also found on the site.

Located on wooded, sandy knolls, Wharton Brook also offers solitude for a quiet, peaceful picnic. The hiking trail provides a perimeter loop around the northern section of park with walking adjacent to the Pond.

Wharton Brook State Park is one of the 11 water bodies in Connecticut designated as Trout Parks by the Department of Environmental Protection’s (DEP) Fisheries Division. Trout Parks are located in easily accessible areas to enhance trout fishing opportunities for young anglers and novice anglers as well as for those with mobility challenges.

The frequent stockings, generally between Opening Day and Memorial Day, will greatly increase an angler’s chances of catching a fish, making it a more attractive “fishing hole”, particularly to children and families. Although the Trout Parks will have more fish in them, their daily creel limit (the number of trout an angler can keep) has been reduced from five to two fish per day in order to spread the catch among a greater number of anglers.

Please note: there is a weekend/holiday fee for admittance at Wharton Brook State Park.

Directions and Parking:

From I-91 (north or south): take Exit 13. Take a left at the end of the long exit ramp onto Route 5 south. Park entrance is a tenth of a mile on the left. Parking is located adjacent to the entrance.

Permitted/Prohibited Activities:

Fishing, swimming and picnicking are allowed at the Park. Dogs are allowed on leash in the picnic area. Please bag and pick up all dog waste.

For more information about this location, contact:
DEEP State Parks Division
(860) 424-3200
deep.stateparks@ct.gov

Questions regarding this brochure can be addressed to South Central Regional Council of Governments
Phone: (203) 234-7555/Fax: (203) 234-9850
E-mail: trails@scrco.org

Scan QR Code to access the South Central Regional Council of Governments Recreational Trails Webpage

Photo by the Department of Environmental Protection
Trail Description:

**Easy Hike**

Wharton State Park is located along US Route 5 (part of the national Highway System) which runs from New Haven up to Massachusetts. From 1918-1920, Wharton State Park was known as a traveler’s wayside; motorists could stop to have their cars serviced and enjoy a quiet picnic lunch. Today, picnickers can still stop and enjoy the outdoors with a hike and some lunch.

Total trails distance is approx. 0.93 miles

Legend

- **P** Parking
- **T** Trailhead
- Wharton Brook State Park Trail
- State Property

Trail Data and Content was provided by the RWA and the CT Department of Environmental Protection.

The Trail Map and Brochure was prepared by SCRCOG (2016).