Newtown Road Park Trails

During the mid-1980's, the Town affirmed its commitment to preserving open space in Woodbridge by requiring developers to donate a percentage of the land on which they build. As a result, important gifts of land were made to the Woodbridge Park Association and conservation restrictions were put on these lands to preserve them as protected open space parcels.

Over the years, through more public/private land donations, the area grew large enough to put some hiking trails in and serve as a site for Boy Scouts to do service projects. This acquisition was critical, as it provided for a safe access point at #7 Hampton Drive. This access point would allow for parking and aide in being able to maintain the trails, etc.

The now 20+ acre Newton Road Park includes a series of brooks that form the headwaters of the eastern branch of the Wepawaug River. The Park is graced with several stone walls, wetlands, a small pond and vernal pools. It is a habitat for many birds, reptiles, deer, etc. There are three main trails to hike and enjoy. Some small foot bridges and boardwalk areas as well as a small picnic area.

The park can be accessed from the main trailhead at Hampton Drive (White Trail), or the trailheads at Newton Road and behind the north side of the Amity High School Athletic Fields. Look for the Newton Rd Park signs at each trail head. All trails are clearly marked for ease of use. Visitors are welcome year-round to enjoy the beauty of our Woodbridge trails. Our parks are free and open to all. We ask that you take away any trash you bring in or remove any you might find.



Photo From 2005 SCRCOG Brochure

Trail Description:

Hard Hike

90% of the hiking grounds are wetlands and some of the river crossings have no bridges. Boots are recommended.

Total trails distance is approx. 1.0 miles

Directions and Parking:

Take Newton Rd to Hampton Drive. Look for signage to park entrance. The best parking is located at #7 Hampton Drive, where one can access the park at the Trail Head / White Trail. Additional parking may be found at Amity High School, during weekends, holidays or when school is not in session. There is no off-street parking on Newton Road, although access to the park is available at the Red Trailhead sign.

Permitted/Prohibited Activities:

This Park is for passive recreation only; hiking, nature and fauna observing, photography. Pets are welcome but must be leashed.



Photo From 2005 SCRCOG Brochure

Total Trails Length: Approx. 1.0 miles

Red Trail: 0.12 miles. Easy Hike

White Trail: 0.49 miles. Hard Hike

Unblazed Trail: 0.03 miles. Easy Hike





For more information about this location, contact:

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