Timberland Preserve
Town of Guilford

The Town of Guilford acquired the 600 acre Timberland Preserve in 1975 and the forest is managed primarily for wildlife habitat, nature-based recreation and education. Comprised of a mixed upland forest, the Preserve offers access to the beautiful Iron Stream, a cool, high-quality trout stream and the headwater for the East River.

Timberland is part of a large expanse of forest, relatively unfragmented by paved roads or development. This greenway provides ample habitat for fisher and warblers, veery, wood thrush and other forest nesting birds.

With over 15 miles of marked trails, including the New England Trail and a tree identification trail, visitors are sure to find many opportunities to explore this naturally rich and unique property.

Easy to Moderate Hike
The trails at Timberland Preserve are extensive. They wind through the forest and offer multiple scenic views of the Upper Guilford Lake. The New England Trail is a national trail that hikers can follow through the Preserve and continue onto other trail systems in Guilford.

Directions and Parking:
There are numerous entrances to Timberland Preserve. Two of the entrances are on Route 80 between Twin Bridge Road and Maple Hill Road. There are also entrances on Maupus Road near Lakeside Drive and Twin Bridge Road.

Permitted/Prohibited Activities:
The trails are open to hikers, bikers and horseback riders during daylight hours. Hikers and bikers must yield to horse users. Dogs are allowed and must be leashed; please pick up after your animals. There is no swimming allowed in Upper Lake. Licensed anglers may fish in Iron Stream. Prohibited activities include alcohol, fires, camping and motorized vehicles.

Total Trails Length: Approx. 14.69 miles
Orange Trail: 0.38 miles
Red Trail: 0.98 miles
White Trail: 4.11 miles
Purple Trail: 0.89 miles
Green Trail: 0.91 miles
Yellow Trail: 0.58 miles
CFPA (Menunkatuck Trail): 3.30 miles
Blue/White Circle Trail: 1.36 miles
Red Circle Trail: 0.72 miles
Yellow Circle Trail: 0.16 miles
White Circle Trail: 0.74 miles
Cross Trails: 2.53 miles.

For more information about this location, contact:
Town of Guilford
Natural Resources Office
(203) 453-8146

To report suspicious or illegal activity call Guilford Police Department:
203-453-8061