Solomon Woods

The City owned Solomon Woods property is 100 acres lying west of Eisenhower Park on West River Street. It offers a number of unique wetland forest features that are aesthetically captivating and ecologically important. Vernal pools at Solomon Woods are vital breeding grounds for amphibians such as wood frogs and spotted salamanders in the early spring.

Wepawaug Schist ledge outcroppings form ridges that the trail overlooks into a large central wetland and surrounding hillsides. Evidence of the last glacier period can still be seen from groves carved into the bedrock on the east side of the trail.

Rock walls and abandoned wells offer a glimpse into the past when portions of this property were farmed. Tulip, Northern Red Oak, Red Maple, American Beech, Black Birch, and White Pine are the dominant trees. A diverse understory of shrubs, ferns, and other plants provide a landscape diversity unlike other public trails in Milford.

The main trail loops around Solomon Woods with several other trails connecting to the main trail. There is a small trail loop near the trail head for young families without any stream crossings. Along the main trail loop be careful when crossing five small streams that have stepping stones. Snow cover provides great snowshoeing or cross country skiing.

There is diverse wildlife in this ecologically sensitive habitat. For the safety of the wildlife and your dogs, please keep them leashed while enjoying the trails.

For more information about this location, contact:
City of Milford
Open Space & Sustainability Office:
(203) 878-7812

Total Trails Length: Approx. 2.37 miles

Trail Description:

Moderate Hike
The Solomon Peroperty trails wind through various different ecologies and terrains. The trails can get steep and muddy so use caution.

Total trail distance is approx. 2.37 miles

Directions and Parking:
Limited parking is available at 810 West River Street. This is approximately 0.4 miles south of Wolf Harbor Road and 0.3 miles north of Fresh Meadow Lane.

Permitted/Prohibited Activities:
Trails are open ½ hour before sunrise and ½ hour after sunset or as posted. Stay on the trails. Dogs must be leashed at all times. No motorized vehicles are allowed and alcoholic beverages are prohibited.