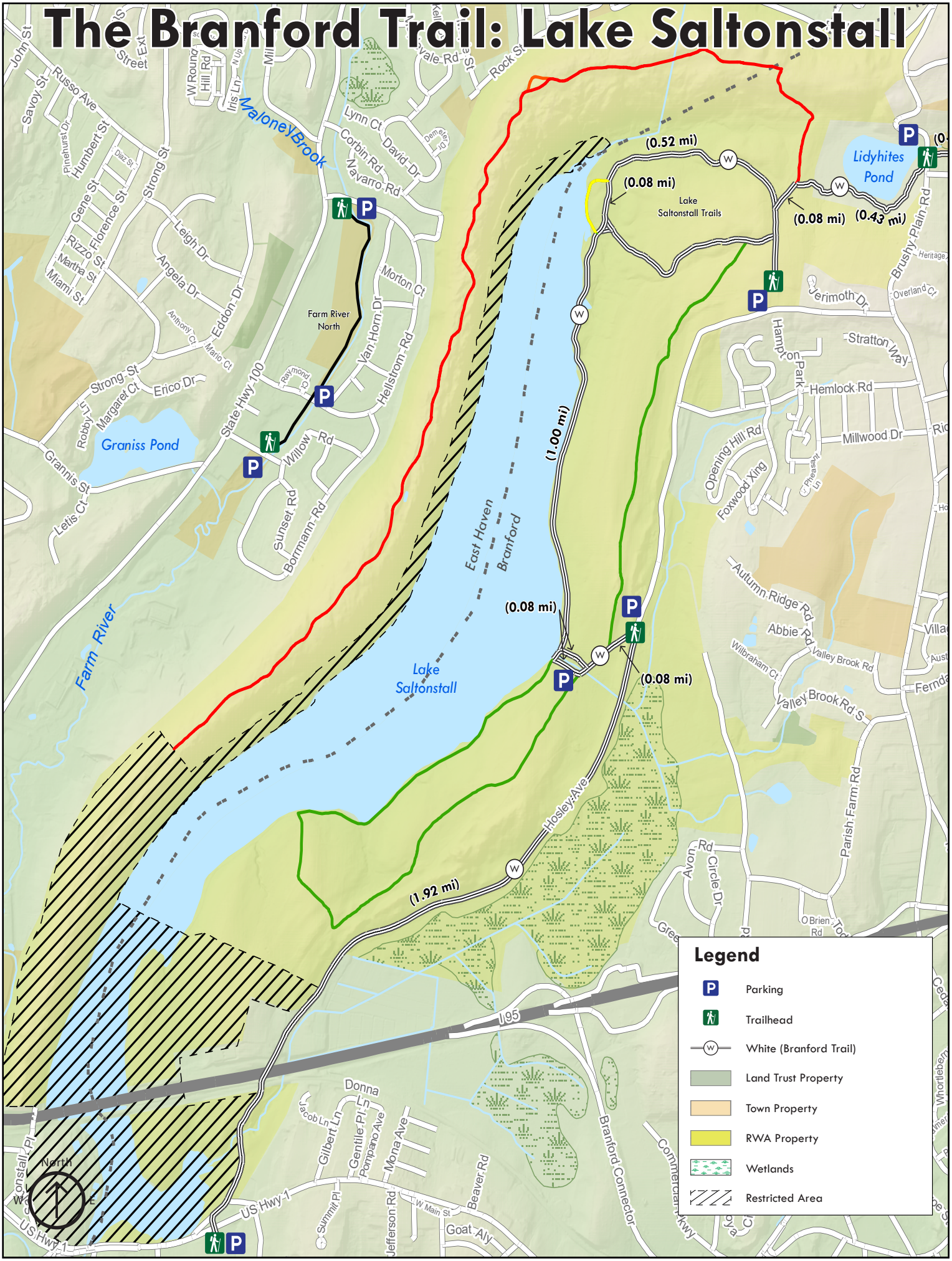The Branford Trail: Lake Saltonstall