

From the Darling House Parking lot, located at 1907 Litchfield Turnpike (Rte 69), cross the Turnpike, the trail passes through the old barnyard, past the historic barn through the gate and cross over the stream.

Here you will pass Camp Whiting, the Woodbridge Boy Scout Camp where, for many years, Boy Scouts and Girl Scouts from across the state have learned their skills and enjoyed the land and environment. Camp Whiting is a private facility and hikers must stay on the main trail as only authorized personnel are allowed at the camp for the sake of campers' safety.

Continuing on, the hiker will join the Blue Arrow Trail and head north passing through lovely hardwood stands. After crossing a small stream the trail takes a sharp jog to the west before climbing steeply through mountain laurel to the top of the ridge overlooking the West River Valley which provides a beautiful New England scenic vistas. Close by is a historic cement kiln and hand dug quarry holes dating to 1847. Cement was produced from the blue-stone in the ridge. These are an example of the early industry in Woodbridge.

Below this ridge is the Shepherd Family Farm which has been farming for over 100 years. Recently, the farm was divided. The House and land surrounding the barn still comprise a working farm. The Shepherd Farm Ridge has been protected as open space through the cooperation of several private and public groups. Continuing on, the trail comes to an old spring road, proceed straight across the road and up to the top of the ridge again. Head west under the power lines and meet Dillon Road.

Cross this historic road and enter into the Regional Water Authority Property. You will need a pass from the RWA to continue into the RWA land. An alternative is to walk west on Dillon Road to Sperry Road and follow the road to Sperry Park. This 4 acres of delightful woods and glen contain paths along the Sargent River to the scenic cascading Sperry Falls. It was here that the Sperry Family maintained a gristmill and saw mill. The Park was donated to the Town by the heirs of Enoch Sperry. It is maintained as a conservation area.

Directions and Parking:

Parking is available in an open field adjacent to Darling House. Trail begins across the street on gravel driveway to barns. No parking is allowed across the street.

Permitted/Prohibited Activities:

These areas are conservation areas and meant for passive activities and must be respected. Stopping at the Boy Scout Camp is prohibited. Dogs must be leashed. Please bag and remove any dog waste.



Hiking



Pets on Leash



Bicycling

For more information about this location, contact:

Woodbridge Land Trust, Inc.
woodbridgelandtrust@gmail.com
www.woodbridgelandtrust.org

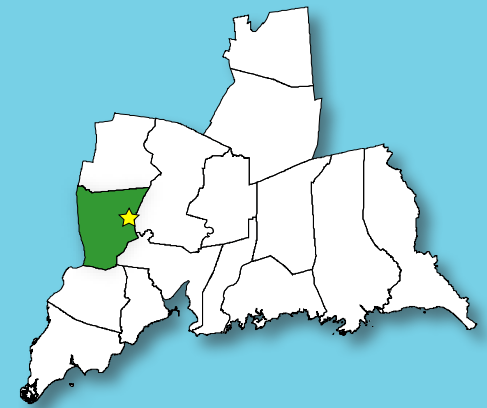
Questions regarding this brochure can be addressed to
South Central Regional Council of Governments
Phone: (203) 234-7555/Fax: (203) 234-9850
E-mail: trails@scrcog.org

Scan QR Code to access the South Central Regional Council of Governments Recreational Trails Webpage



Recreational Trails South Central Connecticut

Bishop West Trails



Woodbridge, CT



Bishop West Trails



Photo by the Woodbridge Land Trust

Trail Description:

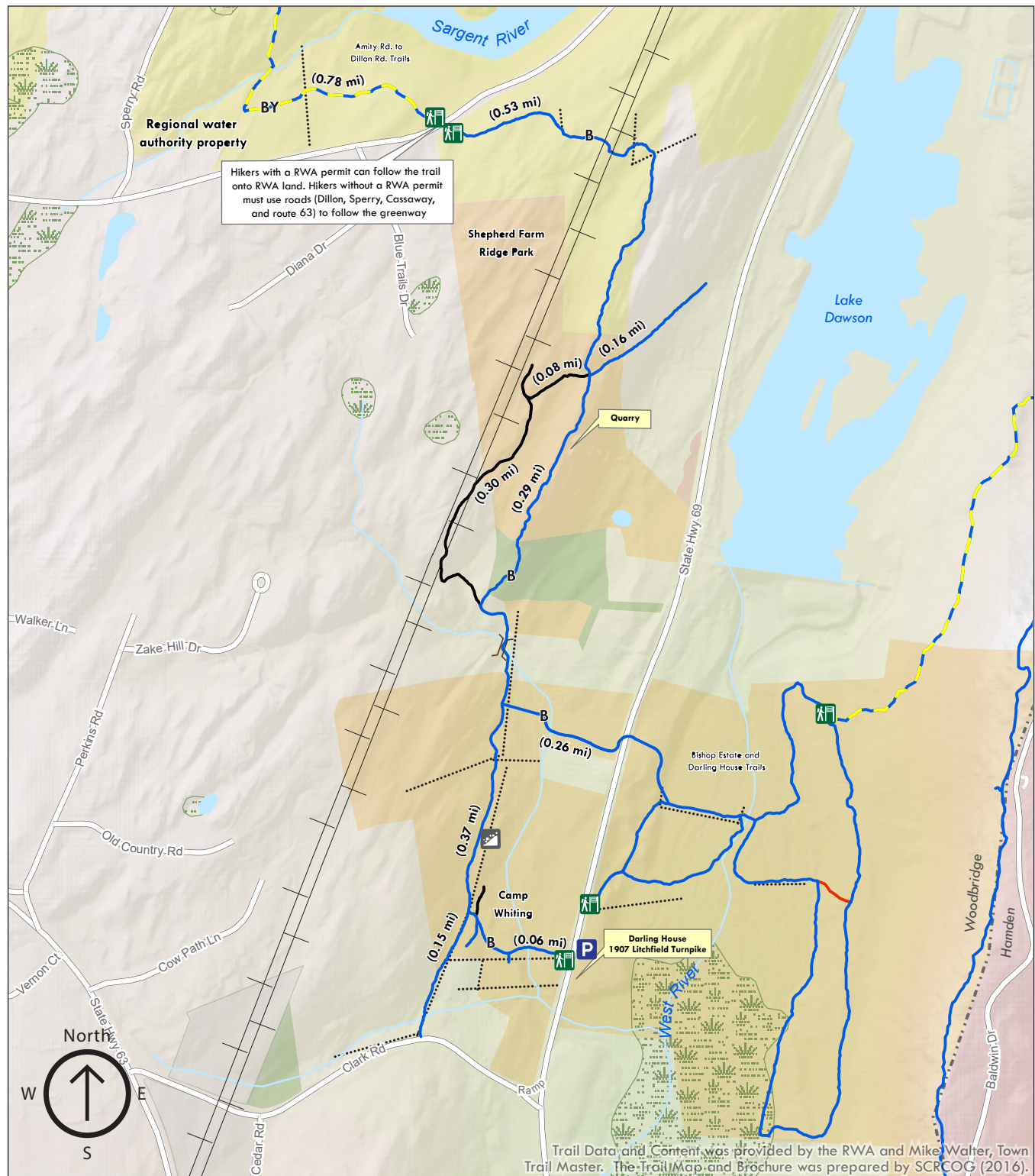
Easy Hike

The Bishop West Trail has a slow rise in elevation. The trail twists and turns through hemlocks and mountain laurel. Mostly a high and dry hike.

Total trails length is approx. 1.3 miles

Legend

	Parking		Power Lines
	Trailhead/Sign		Bridge
	Quartz Outcrop		
	Blue (Naugatuck Trail)		
	Blue with Yellow Dot		
	Other Trail		
	Stone Wall		
	Wetlands		
	Connecticut Light and Power Property		
	Land Trust Property		
	Town Property		
	State Property		



Trail Data and Content was provided by the RWA and Mike Walter, Town Trail Master. The trail Map and Brochure was prepared by SCR COG (2016).