

The Naugatuck State Forest covers almost 5,000 acres and is spread across Naugatuck, Beacon Falls, Oxford, Bethany, Hamden, Cheshire, Ansonia, and Seymour. It is organized into five Blocks, named West, East, Mt. Sanford, Quillinan Reservoir, and Great Hill.

The Forest originated with Harris Whittemore, an industrialist and member of the State Forest and Park Commission. In 1921, Mr. Whittemore began buying parcels of land in the Naugatuck Valley, intending to donate them to the State. Unfortunately, he did not live long enough to realize his dream, but after his death in 1928, his family continued to acquire land, and in 1931, almost 2,000 acres were donated in his memory.

Naugatuck State Forest is used for fishing, hiking, hunting, target shooting, snowmobiling, cross country skiing, mountain biking, climbing, geocaching and trail running. The forest is crossed by several Blue-Blazed Trails including the Quinnipiac Trail and Naugatuck Trail (including the Whittemore spur). Mountain biking trails include fire roads in the various blocks, as well as several miles of singletrack trail in the Quillinan Block that were created in cooperation of the DEEP State Forester's office, the New England Mountain Bike Association (NEMBA), and Thule Corporation.



Photo by Jim, A Walk Across the Giant blog

### Directions and Parking:

There is parking at the north entrance off of Route 42 in Cheshire. Access the south entrance from the intersection of Gaylord Mountain Road and Downes Road in Hamden, follow Downes Road north for 0.5 miles to the cul-de-sac at the end of the road. Park at the cul-de-sac and walk on the road through the YMCA Camp Mt. Laurel.

### Permitted/Prohibited Activities:

Recreational activities such as hiking, hunting, mountain biking, bird-watching, snowmobiling, and cross-country skiing. Pets are allowed on leash, please pick up all pet waste.



Hiking



Bicycling



Snowmobiling



Cross country Skiing



Pets on Leash



Hunting (with Permit)

### For more information about this location, contact:

DEEP State Parks Division  
(860) 424-3200




Questions regarding this brochure can be addressed to  
South Central Regional Council of Governments  
Phone: (203) 234-7555/Fax: (203) 234-9850  
E-mail: [trails@scrcog.org](mailto:trails@scrcog.org)




Scan QR Code to access the South Central Regional Council of Governments Recreational Trails Webpage

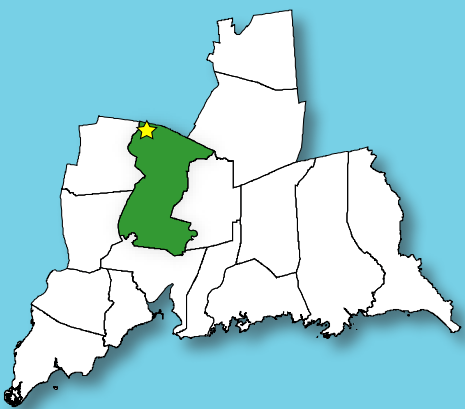


# Recreational Trails South Central Connecticut

## Naugatuck State Forest: Mt. Sanford Block



Hamden, CT



# Naugatuck State Forest: Mt. Sanford Block



Photo by Gary Jordan














## Trail Description:

### Moderate Hike, Some Steep Inclines

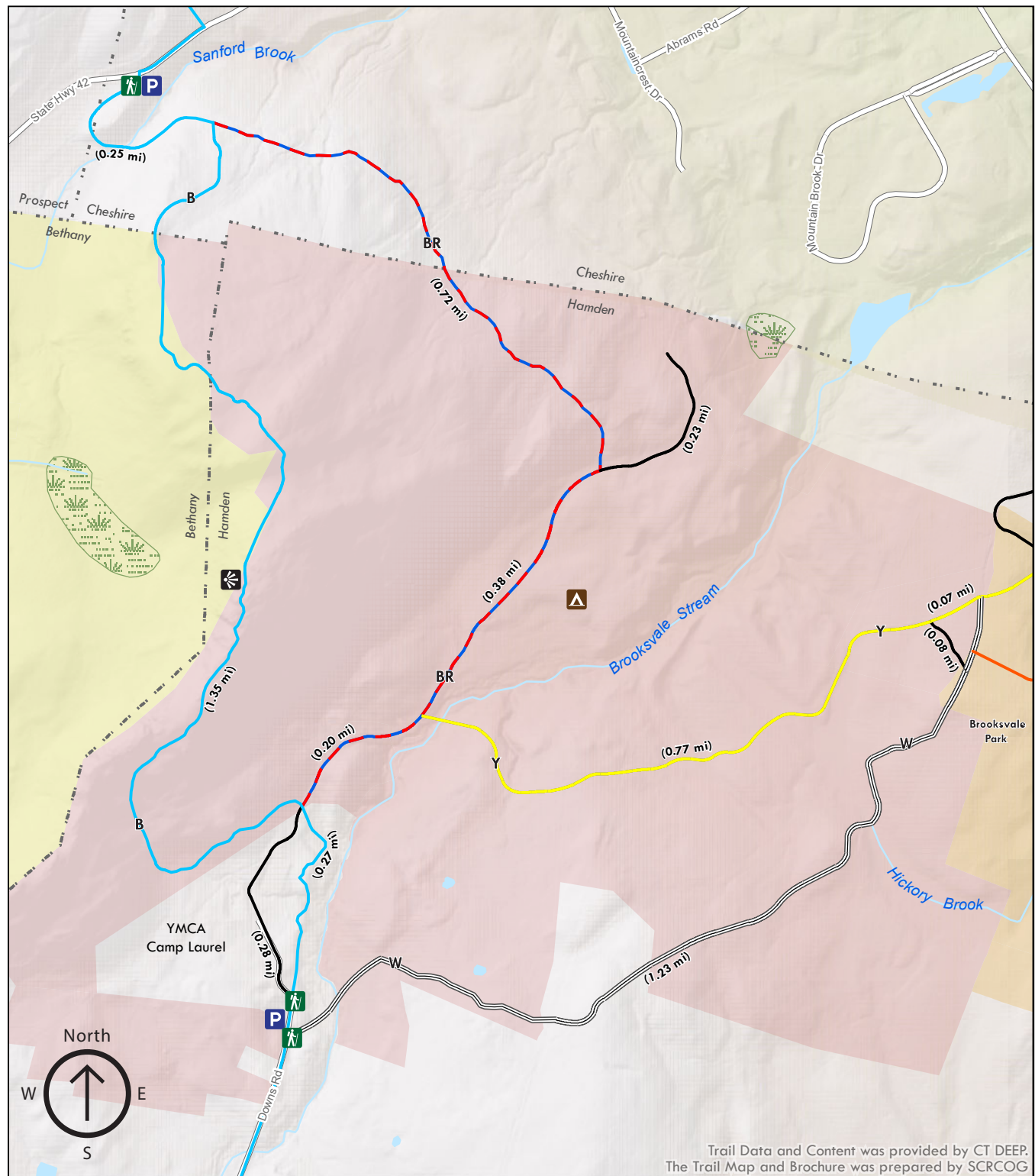
The Forest is managed for saw timber, firewood, wildlife habitat, and recreational activities such as hiking, hunting, mountain biking, bird-watching, snowmobiling, and cross-country skiing.

Total trails distance is approx. 5.83 miles

## Legend

	Parking		Scenic viewpoint
	Trailhead		Campground
	Blue Trail (Quinnipiac Trail)		
	Blue/Red Trail (Quinnipiac Connector Trail)		
	Yellow Trail (Brooksvale Road)		
	White Trail (Brooksvale Trail)		
	Other Trails		
	Wetlands		State Property
	Town Property		RWA Property

0 0.25 Kilometers  
0 0.085 Miles



Trail Data and Content was provided by CT DEEP.  
The Trail Map and Brochure was prepared by SCRCOG