

The Blue/Yellow Trail is a major link in the Woodbridge Greenway Trail system. It enters on Amity Road (Route 63) just east of coming down the Blue Trail of Round Hill. You can follow this trail westward and then southerly until you come to Sperry Road an old country dirt road, cross the road and continue South to Dillon Road.

The Sargent River flows South through the area from Lake Chamberlain in Bethany down to Lake Glen in Woodbridge. These two water bodies are part of the five reservoirs that were created between 1889 and 1925 to form the West River Water Supply System.

Take time to visit Sperry Park and Sperry Falls. Water from the falls was used to run a wool processing mill in the late 18th to early 19th century. It was operated by the Sperry Family. Remnants of its foundation can still be seen. The Sperry's are known as this town's First Family, having settled in Woodbridge back in 1648.

Please stay on the Blue Trail with Yellow Dot and do not hike down to Lake Glen. There is no swimming or fishing in this reservoir. There is some fishing allowed on the Sargent River between the gas line and Sperry Road. Please contact the RWA for more details.



Photo provided by the RWA

### Directions and Parking:

Parking is available off Dillon Road across from the RWA gate or off the shoulder of Sperry Road or at Sperry Park. Sperry Park parking may not be accessed during winter season.

### Permitted/Prohibited Activities:

This site is for passive use only. No mechanized vehicles. Hiking only. State fishing license is required for shore fishing. Wading and swimming are prohibited. Dogs are not permitted. Horses are permitted on certain trails with a permit from the Bethany Horsemen's Association.



Hiking



Fishing-  
License  
Required



Cross  
Country  
Skiing

### For more information about this walk and to obtain a permit, contact:

Regional Water Authority  
Recreation Department  
(203) 401-2654

<http://www.rwater.com/products-and-services/recreation/>

Questions regarding this brochure can be addressed to  
South Central Regional Council of Governments  
Phone: (203) 234-7555/Fax: (203) 234-9850  
E-mail: [trails@scrcog.org](mailto:trails@scrcog.org)

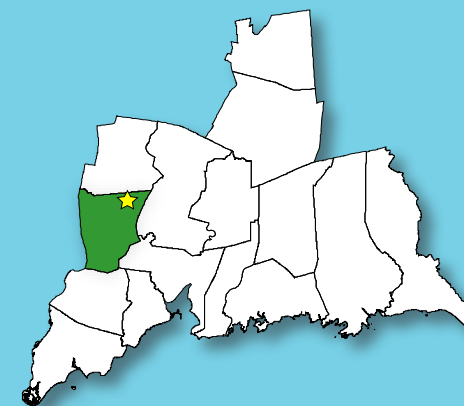
Scan QR Code to access the South Central Regional Council of  
Governments Recreational Trails Webpage



# Recreational Trails South Central Connecticut

## Amity Road to Dillon Road

### Regional Water Authority Permit Required



## Woodbridge, CT

# Amity Road to Dillon Road

Regional Water Authority  
Permit Required



Photo provided by the RWA. Location: Sperry Falls

## Trail Description:

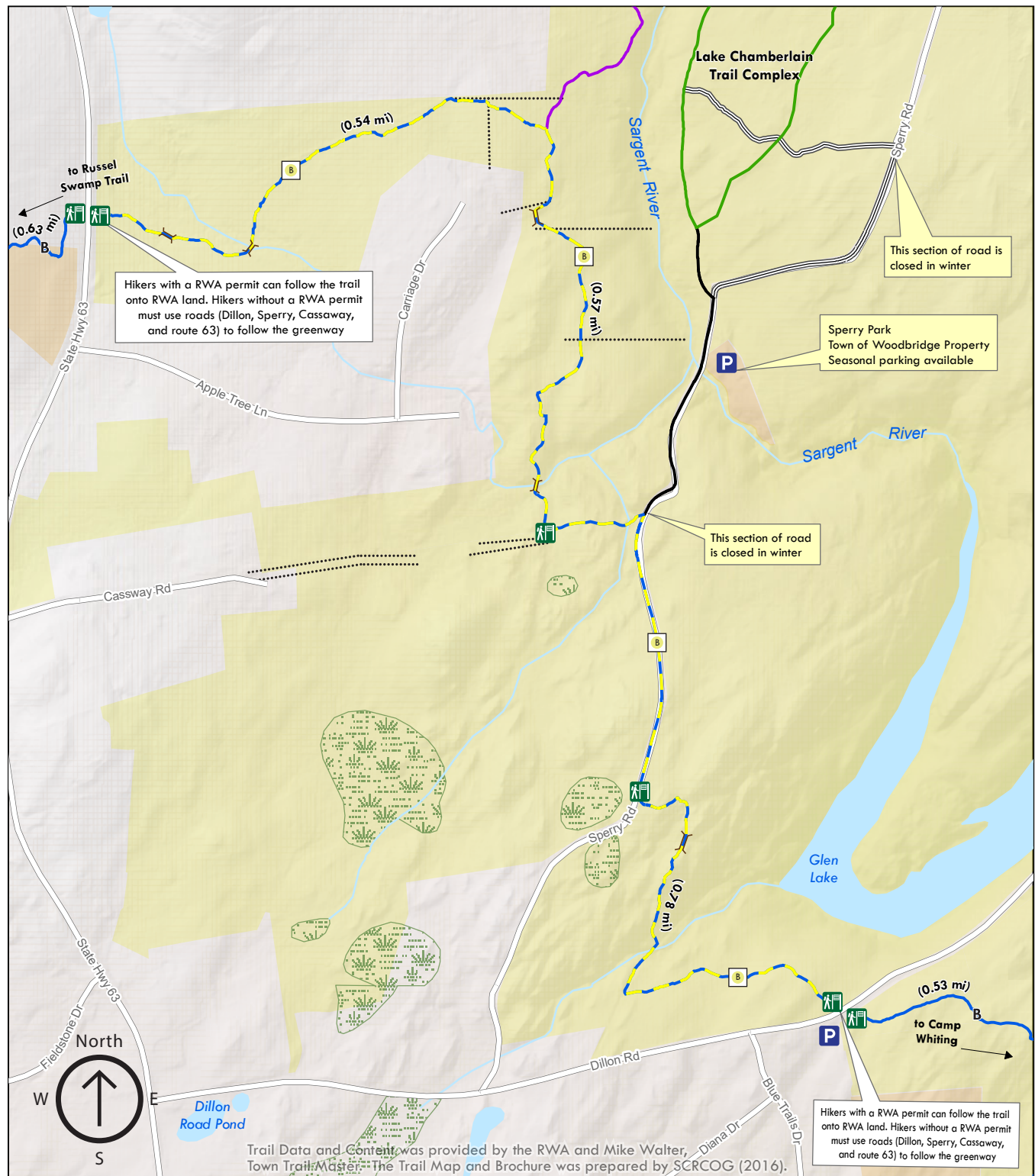
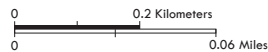
### Easy to Moderate Hike

The RWA land that falls Amity Road (Route 63) and Dillon Road in Woodbridge offers easy to moderate hiking difficulties along with connection to Lake Chamberlain Trails.

Total trail length is approx. 1.89 miles

## Legend

- Parking
- Trailhead/Sign
- Blue (Naugatuck Trail)
- Blue with Yellow
- Stone Wall
- Bridge
- Wetlands
- Town Property
- RWA Property



Trail Data and Content was provided by the RWA and Mike Walter, Town Trails Master. The Trail Map and Brochure was prepared by SCRCOG (2016).

Hikers with a RWA permit can follow the trail onto RWA land. Hikers without a RWA permit must use roads (Dillon, Sperry, Cassaway, and route 63) to follow the greenway