Bethany Farms

Located in the southwestern corner of Bethany, the Bethany Farms Trail System has been created by the Bethany Land Trust to provide a peaceful retreat within one of Bethany's largest housing developments. When the 250-acre Bethany Farms Development was approved in the mid-1990s, the Town of Bethany and the Land Trust worked diligently to provide hiking trails on the property. The developers generously donated 10 open space parcels encompassing 70 acres and six trail easements to the Land Trust; and work began on a new trail system in 2001.

The Bethany Farms Trail System consists of five separate trails that connect with remnants of the old Naugatuck Trail in Woodbridge to offer a variety of hiking experiences. The main trail, the blue-blazed Naugatuck Trail, begins on Farm View Road and follows a watercourse downhill to the Woodbridge town line, where it connects with a section of the Naugatuck Trail that runs beside Bladen's Brook to Sanford Road. The Narrows Trail cuts through an easement on Country Lane and proceeds downhill to the Naugatuck Trail. The Big Tree Trail starts on Chelsea Circle and goes down a steep grade before turning south and crossing over into Woodbridge, where it eventually joins the Naugatuck Trail. The Ridge Trail, which is mostly in Woodbridge, connects the Big Tree Trail to the Bethany portion of the Naugatuck Trail. And a short fifth trail connects the Naugatuck Trail with the cul-de-sac on Country Lane. Additional trails will be added in the future.



Photo by Ray Andresen, Bethany Land Trust

Easy to Moderate Hike

This trail system is suitable for hiking and nature study. Easements on private land are narrow, so hikers should stay on the trails where boundaries are not clearly marked. Horses are allowed on Bethany Farms Trail at the end of Country Lane and a quarter - mile long section of The Naugatuck Trail.

Directions and Parking:

The Bethany Farms Trail System can be reached via Amity Road (Route 63) to Round Hill Road to Briar Road. Roadside parking is available near the trailheads located on Country Lane (two locations), Farm View Road, and Chelsea Circle. Access from the Woodbridge side is available on Sanford Road near Route 67.

Permitted/Prohibited Activities:

This land is for passive recreation use only. No motorized vehicles are permitted. Dogs are permitted on leash. Please bag and pick up all dog waste. Horseback riding is permitted only on marked trails. Hunting or trapping on Trust Land is prohibited. is permitted only on marked trails. Hunting or trapping on Trust Land is prohibited.



Photo by Ray Andresen, Bethany Land Trust

Total Trails Length: approx. 2.44 miles Big Tree Trail: 0.54 miles Ridge Trail: 0.34 miles Narrows Trail: 0.34 miles Bethany Farms Trail: 0.19 miles Naugatuck Trail: 0.46 miles



For more information about this walk contact: Carol Lambaise Stewardship Chair (203) 393-2253



