

# Hein Trails

The Hein Trails are the result of a cooperative land purchase involving the Bethany Land Trust, the Regional Water Authority, the Bethany Conservation Commission and the Hein family. Norvin and Jeanne Hein were interested in protecting their land while generating some income from it, so this innovative partnership enabled them to donate a portion (6.68 acres) of their land for hiking trails while selling the majority of it to the Regional Water Authority to protect the public watershed.



*Photo by Emmeline Alaconis, SCRCOG*

The entrance to the Hein hiking trails is located at the corner of Tuttle and Carrington Roads. There is a separate entrance there for a horse trail that crosses over into Water Authority property and is for horseback riders only. The hiking trails head west from Carrington through a combination of wetlands, mixed hardwood forests and rocky outcroppings with boulders the size of a small truck. Some of those outcroppings were given colorful names, such as Ambush Rock, the Rock Garden, and Council Rock. (By the Hein family.)

This property is drained by a small stream that joins the Sargent River and flows into Lake Chamberlain. Most likely, the land had been lumbered off in the 19th century and the forest began regrowing at the turn of the century. Lots of red oak stumps signify the plight of the gypsy moth caterpillar infestation around 1970. The Heins also planted hundreds of seedlings on the property, as evidenced by many spruce and hemlock trees.



*Photo by Ray Andresen, Bethany Land Trust*

## Directions and Parking:

The Hein Trails can be accessed most easily off Carrington Road via the Litchfield Turnpike (Route 69). The trailheads start near the intersection with Tuttle Road, where parking is available at the side of the road.

## Permitted/Prohibited Activities:

This land is for passive recreation use only. No motorized vehicles are permitted. Dogs are permitted on leash. Please bag and pick up all dog waste. Horseback riding is permitted only on marked trails. Hunting or trapping on Trust Land is prohibited.



*Photo by Ray Andresen, Bethany Land Trust*

## Easy Walking and Hiking

Delano Sanctuary and Rodell's Roost offers easy hiking and walking on two properties just under six acres with a few trails crossing both properties.

**Hein Horse Trail:** approx. 0.44 miles

**Hiking Trails:** approx. 1.27 miles

**Total Trails Length:** approx. 1.71 miles



## For more information about this walk contact:

Carol Lambiase  
Stewardship Chair  
(203) 393-2253



## Legend

-  Parking
-  Trailhead
-  Horses Not Allowed
-  Council Rock
-  Hein Trails
-  White (Hein Horse Trail)
-  Wetlands
-  Land Trust Property
-  RWA Property

# Hein Trails

