

The North Haven Trail Association welcomes all recreational hikers and bird-watchers to take a leisurely stroll on the Tidal Marsh Trail, a short but extremely relaxing and educational walk along the Quinnipiac River. Starting high above the river's edge, with stunning views of Sleeping Giant, lower Hamden, and the river's marshes, the trail turns left, meandering south through stands of different species of trees between the water and abandoned Cedar Hill Rail Yard train tracks.

Regardless of the season, expect to be pleasantly surprised by what you may find! The trail offers people an occasion to watch and listen to birds, discover interesting geo-caches, explore a part of the region's commercial/industrial history, or study the varied flora and fauna that make brackish marshes their home.

Please enjoy the views of river, the opportunities to spot eagles, ospreys, ducks, geese, and other migratory birds in or near the water, and the songs of the various types of songbirds in the trees! If you have any questions about the trail, or would like to join us in our efforts to maintain and improve the amenities that we can offer avid trail hikers, please feel free to contact us at info@northhaventrails.org, or to visit us at www.northhaventrails.org or on Facebook!



Photo by the North Haven Trails Association

Directions and Parking:

From Exit 9 off of I-91 North and South, take Montowese Avenue Extension to Universal Drive North. Once on Universal Drive North cross over the bridge and take your first left into a shopping complex. Continue on this street all the way to the back of Target and park in the back of the lot. The Trail head will be accessible from here

Permitted/Prohibited Activities:

The trails are for recreational use only. No motorized vehicles. Bicycling is allowed. Dogs are also allowed but must be leashed. Please pick up all animal waste.



Hiking



Pets on
Leash

For more information about this location, contact:

North Haven Trails Association
info@NorthHavenTrails.org
www.northhaventrails.org

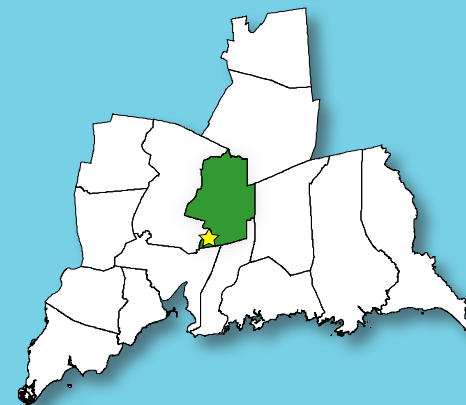
Questions regarding this brochure can be addressed to
South Central Regional Council of Governments
Phone: (203) 234-7555/Fax: (203) 234-9850
E-mail: trails@scrcog.org

Scan QR Code to access the South Central Regional Council of
Governments Recreational Trails Webpage



Recreational Trails South Central Connecticut

Tidal Marsh Trail



North Haven, CT

Tidal Marsh Trails



Photo by the Quinnipiac River Fund






Trail Description:

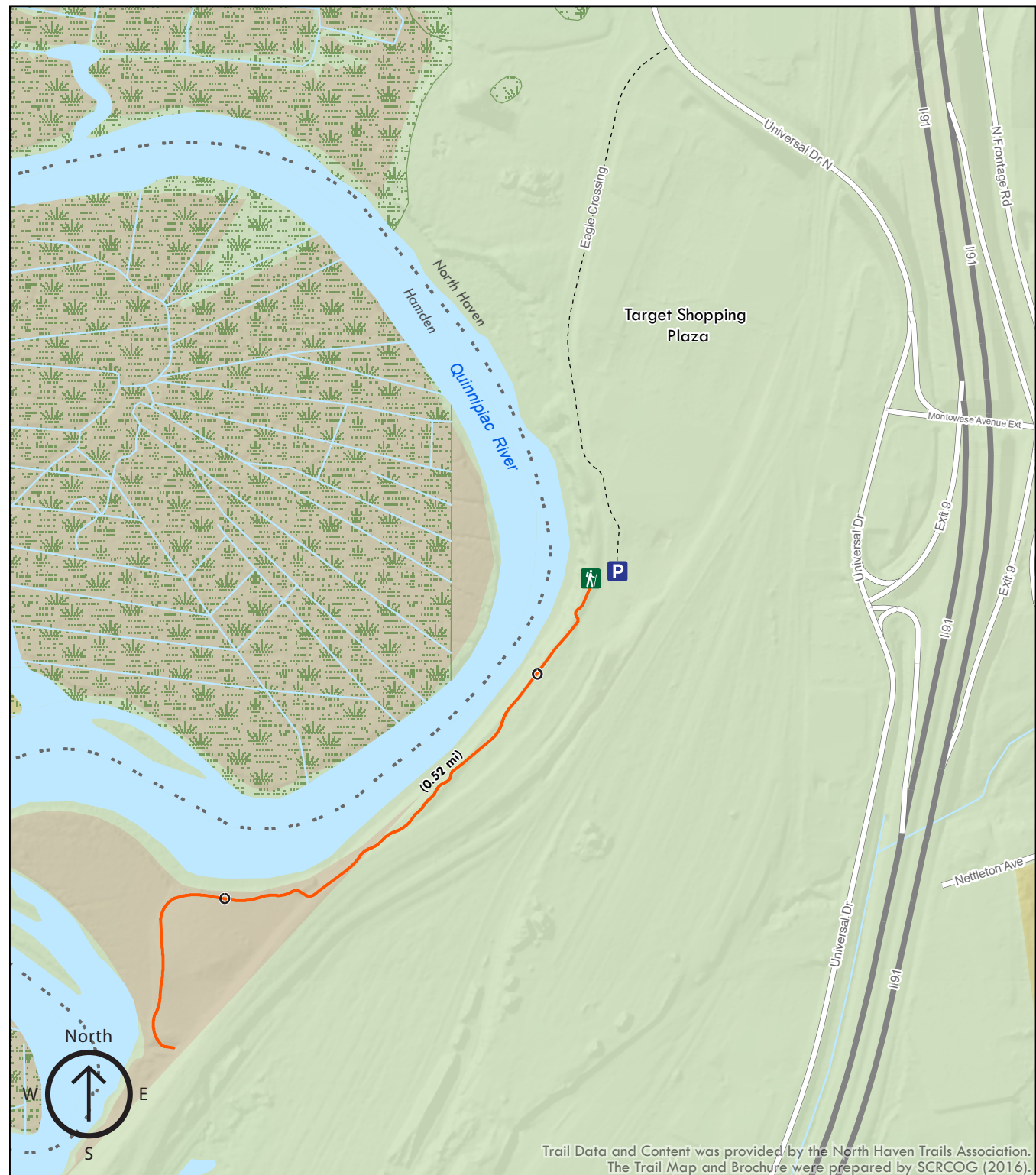
Easy Walk

The Tidal Marsh Trail offers wonderful opportunities to bird watch. The trail itself is an easy walk that is about one half mile.

Total trail distance is approx. 0.52 miles

Legend

-  Trailhead
-  Parking
-  Orange (Tidal Marsh Trail)
-  Parking Access
-  State Property



Trail Data and Content was provided by the North Haven Trails Association.
The Trail Map and Brochure were prepared by SCRCOG (2016).